

WHAT NEWS TODAY PRINTS IS NEWS THAT COUNTS

NEWS TODAY

New laser tech to battle the bulge



Dr Sunitha of Life Alive Clinic demonstrating a new equipment with a patient at a press meet in Chennai yesterday.

NT Bureau,

Chennai, Apr 30:

Apart from the cosmetic point of view, looking hale and healthy gives one a feel-good experience and enables one to do things easily and happily, according to Dr Sunitha of Life Alive Clinic.

She said this at a press meet convened to announce the new laser technology for weight reduction which has been brought to the city by the clinic for the first time. The body lipo laser Zerona works on the body with a laser beam, which reduces the fat content. The laser in the method doesn't touch the body, nor is it painful.

Dr Sunitha, while explaining the procedure, said, 'It needs a minimum of eight sessions for the course, during which there will be reduction of six inches, she said, adding that the laser is not the method to reduce weight, nor this is *the* method for overweight people alone. This could be used even by the ideal weight person to look good. After all, health is not an issue with weight. A healthy person can also be fat, she further said.

She said that after the procedure, one needs to follow simple diet chart and exercise to maintain the physique.